THE DRAGONS CHALLENGE

Date: Saturday, December 17th, 2011

Location: École Arc-en-ciel

95 Promenade Drummond

Oromocto, NB (- 3 mats surfaces)

This year our Dragons Challenge as two events:

First Event: Judo Festival

Division: U7, U9, U11 all belts.

9:00 A.M. to 11:00 A.M

It is a 2 hours training camp where we willl

- Practice our Fundamental movement skills (Ne Wasa & Tachi Wasa)
- Lean techniques and do randori
- Play games
- Have Club challenges

All Club coaches are requested to bring their gi and get on the mats with their students.

It will be lots of fun!

Fee: \$20 (includes medals, pizza,drink & cake)

Awards: Medals for all judoka

Second Event: Shiai (Double Ippon style)

Division: U7, U9, U11 & U13 all belts. We will go with the age at the date of the event.

Warm up: 12:30 to 1:00 am

Tournament: 1:00 pm to 3:00 pm (approx end time) Registration: Will take place from 10:00 am to 12:00 pm

Weigh-in: During registration

Fee: \$20 (includes medals, pizza & drink & cake)

It will be possible for the parents to purchase pizza and drinks for \$5.00

Category: U7 - U9 Kids will be in pools of 3 or 4.

U11- U13 We will use Judo NB categories.

• Shiai (Modified rule): 2 min of actual fight and need 2 ippon to win or most points after time is over. No grabbing the neck or double legs grab, no drop on the knees,

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